

The Ridgewood News

November/December 2007



The Ridgewood at Shenango Valley celebrated its Annual Family Picnic on Sunday, August 13th with a delicious picnic menu, a picture perfect sunny afternoon and entertainment by *Common Bond*, a local barbershop quartet. *Ouija*, the talking cockatiel also performed several acts which kept the crowd wondering what he would say next. A Clydesdale horse drawn wagon from *Golden Run Clydesdales* provided an afternoon of fun for young and old alike. Families and friends enjoyed dressing up in old fashioned dress for retro-like photographs which will no doubt become family treasures.



The
RIDGEWOOD
AT Shenango Valley

**Partners
In Senior Care, Inc.**

A collaborative service of
St. Paul Homes and
UPMC Horizon

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The Ridgewood at Shenango Valley
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Hermitage, PA 16148

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*“Assisted living with
comfort and care . . .
A home away from home.”*

*Celebrating 8
Years of Service
to Hermitage and
Neighboring Communities*

Star Resident of the Month



Helen was born on March 18, 1919 in Trauger, PA (a coal mining community) and was the youngest of 10 children. She had three brothers and six sisters all of whom

predeceased her. Her mother came to the United States from Czechoslovakia when she was very young. Helen's father died in the coal mines shortly before she was born so she never got to know him. Helen grew up in Farrell and attended Negley grade school and then later attended St. Anne's Catholic School. After her school years, Helen worked at Sarsanella's Restaurant in Farrell and later met and married John Palumbo in 1939. John was employed at General American as a train engineer. Throughout the years, Helen was an active member of St. Anne's Church and belonged to several organizations. She is an active member of the Slovak Society and with the help of another parishioner, did housekeeping at the nun's residence for many years. Helen has one surviving daughter, Carol, and also has 10 grandchildren, 10 great grandchildren and 3 great-great grandchildren. She enjoys living at The Ridgewood and enjoys the company of the other residents. Helen enjoys playing Bingo and especially "Chicken Foot" dominoes.

Birthdays

Nov. 2, Robert Shaw Nov. 5, Anne May
Nov. 8, Janet Garrett Nov. 16, Margie Locke
Nov. 20, Bessie Everett
Dec. 9, Margaret Davis Jan. 10, Jessie Stuver
Jan. 20, Laverne Lynch
Jan. 22, Audrey Hamilton



Happy Anniversary to Jim & Ruth Park, November 4 **Happy Birthday!**

It's My Life



This past spring, a new activity was introduced to the residents whereby they had an opportunity to write about their life. What started to be a small endeavor, turned into a wonderfully written 10-page biography of Rose

Rudberg's life story. Each week Rose would work with Stephanie at the computer for about an hour, and each week all the memories triggered a new memory. The reason Rose wanted to do the life story, as she put it "was to pass on to her children and grandchildren the legacy of her many childhood memories". She wished she had written about her own father years ago and that's what inspired her to participate in this project now. The highlight of the project came when a presentation was done and the booklet was unveiled to the delight of Rose's daughter and son-in-law. Because of Rose's inspiration of doing this, several residents are planning to follow in her footsteps by writing their life story.

**WONDERFUL WAYS
TO REMEMBER...**



*Laverne
Lynch*



*Clara
Subasic*



The Yarn Lovers Circle

A new activity, "The Yarn Lovers Circle" was recently established at The Ridgewood at Shenango Valley. The group is open to any resident who loves to knit, crochet, or embroider. It didn't take long for this crafty group to embark on a project of making a handmade treasure for someone. This new project, in conjunction with Pat Catans and the USO, is actually reaching out to our soldiers in Iraq by providing them with warm handmade scarves. This is a worthy cause and our ladies answered the call to help those so far in the distant but close in our hearts. The "Yarners" are now looking for other charity causes where their talents could be put to use. If anyone knows of an organization that could benefit from these fine handiworks, please contact Mindy or Stephanie at The Ridgewood. Even if you don't like to knit or crochet, plan on joining the group for a friendly chat and time of fellowship.



The Yarn Lovers' Circle

Front Row: Rose Rudberg & Betty Repas
Back Row: Jessie Stuver,
Mindy Mangino-Activities,
Nancy Marrie

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On the Road Again

What a great way to enjoy “summer” weather in October! The residents really enjoyed the wonderful weather this area has had by taking advantage of the bus trips to various sites. This included several fall foliage trips in the area, enjoying the beautiful changing of the leaves. On Monday, October 22nd, the weather was perfect to see the leaves “at their peak.” Several trips were made that day with the first group taking a special outing to Kentucky Fried Chicken at noon, followed by “leaf peaking.” The second group also enjoyed the splendor of the leaves and topped off the trip with our usual Dairy Queen run!

A decorative border on the right side of the text box, featuring a vertical stack of gingerbread men, Christmas trees, and stars, all rendered in a simple, line-art style.

Upcoming Event

***Sunday,
December 16th***

***Annual Family
Christmas Tea***

Noon -4:00pm